

SPIRE **UP**

**Alignment with Research &
Evidence-Based Word Lists**

Alignment to Research & Evidence-Based Word Lists

Quick Reference

A. Fry Instant Words Reference¹

The Fry list is organized by frequency of occurrence in general reading material.

- **First 25 Words:** Account for approximately **33%** of all published material.
- **First 100 Words:** Comprise approximately **50%** of all publications.
- **First 300 Words:** Represent about **65–67%** of all written material (textbooks, news, etc.).

B. *SPiRE UP* Word Card Number and the *SPiRE UP* Lesson Alignment Table

This alignment table identifies the Word Card Number and the *SPiRE* Lesson where words from the Research & Evidence-Based Word Lists become readable through mastery of phonetic concepts or sight recognition.

C. Dolch Sight Words Reference³

The Dolch list focuses on "service words" and high-utility nouns.

- **220 "Service Words":** Functional categories including pronouns, adjectives, adverbs, prepositions, conjunctions, and verbs.
- **95 Nouns:** A specialized list of concrete, high-frequency nouns. These words typically constitute **50% to 75%** of words in elementary texts and general print.

D. The CPB Word List Reference²

The Children's Picture Book (CPB) list provides a modern research-based audit of frequency.

- **Predictive Value:** Frequency norms in this list strongly predict the "**age of acquisition**," aligning with natural word learning. The CPB words account for nearly **48%** of unique words encountered in modern children's literature.

SPIRE UP Alignment Table

This section displays the alignment between the *SPIRE UP* instructional sequence and evidence-based word lists.

Fry No.	Fry Word ¹	SPIRE UP Heart Card Number	SPIRE UP Readable at Lesson	Dolch Level ²	CPB Rank ²
1	the	Card 1-3	Lesson 1A	Pre-Primer-Word 1	1
2	of	Card 3-2	Lesson 3B	Grade 1-Word 52	8
3	and	<i>See Readable at Lesson</i>	Lesson 1A	Pre-Primer-Word 2	2
4	a	Card 1-1	Lesson 1B	Pre-Primer-Word 4	3
5	to	Card 5-3	Lesson 5B	Pre-Primer-Word 3	4
6	in	<i>See Readable at Lesson</i>	Lesson 2A	Pre-Primer-Word 5	7
7	is	<i>See Readable at Lesson</i>	Lesson 2A	Pre-Primer-Word 6	11
8	you	Card 2-4	Lesson 2B	Pre-Primer-Word 7	6
9	that	<i>See Readable at Lesson</i>	Lesson 9A	Primer-Word 35	15
10	it	<i>See Readable at Lesson</i>	Lesson 2A	Pre-Primer-Word 8	9
11	he	Card 12-2	Lesson 12B	Primer-Word 41	10
12	was	Card 1-4	Lesson 1B	Primer-Word 42	12
13	for	Card 6-1	Lesson 6B	Pre-Primer-Word 9	13
14	on	<i>See Readable at Lesson</i>	Lesson 3A	Primer-Word 37	14
15	are	Card 10-1	Lesson 10B	Primer-Word 39	27
16	as	<i>See Readable at Lesson</i>	Lesson 1A	Grade 1-Word 55	36
17	with	<i>See Readable at Lesson</i>	Lesson 9A	Primer-Word 38	16
18	his	<i>See Readable at Lesson</i>	Lesson 2A	Grade 1-Word 54	18
19	they	Card 9-2	Lesson 9B	Primer-Word 44	20

Fry No.	Fry Word ¹	SPIRE UP Heart Card Number	SPIRE UP Readable at Lesson	Dolch Level ³	CPB Rank ²
20	I	Card 2-1	Lesson 2B	Pre-Primer-Word 11	5
21	at	See Readable at Lesson	Lesson 1A	Primer-Word 40	26
22	be	Card 4-1	Lesson 4B	Grade 1-Word 100	23
23	this	See Readable at Lesson	Lesson 9A	Primer-Word 47	31
24	have	Card 5-2	Lesson 5B	Primer-Word 46	35
25	from	Card 7-1	Lesson 7B	Grade 1-Word 64	53
26	or	Card 4-4	Lesson 4B	Grade 2-Word 129	81
27	one	Card 8-2	Lesson 8B	Primer-Word 33	28
28	had	See Readable at Lesson	Lesson 2A	Grade 1-Word 63	54
29	by	Card 3-1	Lesson 3B	Grade 1-Word 103	70
30	words	See Readable at Lesson	Lesson 25A	-	472
31	but	See Readable at Lesson	Lesson 4A	Primer-Word 43	17
32	not	See Readable at Lesson	Lesson 3A	Pre-Primer-Word 13	42
33	what	Card 5-4	Lesson 5B	Primer-Word 51	30
34	all	Card 5-1	Lesson 5B	Primer-Word 34	19
35	were	Card 11-3	Lesson 11B	Grade 2-Word 118	59
36	we	Card 2-2	Lesson 2B	Pre-Primer-Word 15	33
37	when	See Readable at Lesson	Lesson 10A	Grade 1-Word 74	32
38	your	Card 26-3	Lesson 26B	Grade 2-Word 134	44
39	can	See Readable at Lesson	Lesson 2A	Pre-Primer-Word 12	40
40	said	Card 3-3	Lesson 3B	Primer-Word 49	29

Fry No.	Fry Word ¹	SPIRE UP Heart Card Number	SPIRE UP Readable at Lesson	Dolch Level ³	CPB Rank ²
41	there	Card 9-1	Lesson 9B	Primer-Word 48	46
42	use	<i>See Readable at Lesson</i>	Lesson 21A	Grade 2-Word 148	317
43	an	<i>See Readable at Lesson</i>	Lesson 1A	Grade 1-Word 62	73
44	each	Card 23-1	Lesson 23B	-	161
45	which	<i>See Readable at Lesson</i>	Lesson 10A	Grade 3-Word 196	292
46	she	Card 12-3	Lesson 12B	Primer-Word 36	24
47	do	Card 4-2	Lesson 4B	Primer-Word 32	37
48	how	Card 8-1	Lesson 8B	Grade 1-Word 61	71
49	their	Card 16-2	Lesson 16B	Grade 3-Word 186	76
50	if	<i>See Readable at Lesson</i>	Lesson 2A	Grade 3-Word 181	66
51	will	Card 2-3	Lesson 2B	Primer-Word 50	56
52	up	<i>See Readable at Lesson</i>	Lesson 4A	Pre-Primer-Word 18	25
53	other	Card 23-2	Lesson 23B	-	120
54	about	Card 25-1	Lesson 25B	Grade 3-Word 171	78
55	out	Card 7-3	Lesson 7B	Primer-Word 31	39
56	many	Card 22-3	Lesson 22B	Grade 2-Word 127	166
57	then	<i>See Readable at Lesson</i>	Lesson 9A	Grade 1-Word 76	43
58	them	<i>See Readable at Lesson</i>	Lesson 9A	Grade 1-Word 66	61
59	these	<i>See Readable at Lesson</i>	Lesson 21A	Grade 2-Word 114	228
60	so	Card 17-2	Lesson 17B	Grade 1-Word 102	22
61	some	Card 17-3	Lesson 17B	Grade 1-Word 73	63

Fry No.	Fry Word ¹	SPIRE UP Heart Card Number	SPIRE UP Readable at Lesson	Dolch Level ³	CPB Rank ²
62	her	Card 18-1	Lesson 18B	Grade 1–Word 53	41
63	would	Card 15-3	Lesson 15B	Grade 2–Word 133	86
64	make	Card 13-3	Lesson 13B	Pre-Primer–Word 26	82
65	like	Card 4-3	Lesson 4B	Pre-Primer–Word 28	38
66	him	<i>See Readable at Lesson</i>	Lesson 2A	Grade 1–Word 65	62
67	into	<i>See Readable at Lesson</i>	Lesson 2A	Primer–Word 30	83
68	time	<i>See Readable at Lesson</i>	Lesson 20A	Nouns–Word 91	52
69	has	<i>See Readable at Lesson</i>	Lesson 2A	Grade 1–Word 60	104
70	look	Card 18-2	Lesson 18B	Pre-Primer–Word 19	84
71	two	Card 13-1	Lesson 13B	Grade 1–Word 56	96
72	more	Card 13-2	Lesson 13B	-	75
73	write	Card 24-3	Lesson 24B	Grade 2–Word 141	-
74	go	Card 1-2	Lesson 1B	Pre-Primer–Word 14	58
75	see	Card 3-4	Lesson 3B	Pre-Primer–Word 21	50
76	number	<i>See Readable at Lesson</i>	Lesson 26A	-	702
77	no	Card 11-2	Lesson 11B	Primer–Word 45	45
78	way	<i>See Readable at Lesson</i>	Lesson 27A	Nouns–Word 93	90
79	could	Card 15-1	Lesson 15B	Grade 2–Word 115	77
80	people	Card 37-2	Lesson 37B	-	144
81	my	Card 6-3	Lesson 6B	Pre-Primer–Word 20	21
82	than	<i>See Readable at Lesson</i>	Lesson 9A	-	170

Fry No.	Fry Word ¹	SPIRE UP Heart Card Number	SPIRE UP Readable at Lesson	Dolch Level ³	CPB Rank ²
83	first	<i>See Readable at Lesson</i>	Lesson 26A	Grade 2–Word 108	112
84	water	Card 16-3	Lesson 16B	Nouns–Word 92	213
85	been	Card 12-1	Lesson 12B	Grade 3–Word 176	187
86	called	<i>See Readable at Lesson</i>	Lesson 32A	Grade 2–Word 166	175
87	who	Card 10-2	Lesson 10B	Grade 1–Word 59	80
88	am	<i>See Readable at Lesson</i>	Lesson 1A	Primer–Word 29	176
89	its	<i>See Readable at Lesson</i>	Lesson 2A	Grade 3–Word 193	348
90	now	Card 33-2	Lesson 33B	Primer–Word 34	55
91	find	Card 19-2	Lesson 19B	Pre-Primer–Word 24	129
92	long	<i>See Readable at Lesson</i>	Lesson 19A	Grade 2–Word 132	135
93	down	Card 21-1	Lesson 21B	Pre-Primer–Word 22	69
94	day	<i>See Readable at Lesson</i>	Lesson 27A	Nouns–Word 18	47
95	did	<i>See Readable at Lesson</i>	Lesson 2A	Grade 1–Word 68	92
96	get	<i>See Readable at Lesson</i>	Lesson 5A	Pre-Primer–Word 23	65
97	come	Card 11-1	Lesson 11B	Pre-Primer–Word 17	94
98	made	<i>See Readable at Lesson</i>	Lesson 20A	Grade 2–Word 136	98
99	may	<i>See Readable at Lesson</i>	Lesson 27A	Grade 2–Word 112	303
100	part	<i>See Readable at Lesson</i>	Lesson 24A	-	425
101	over	<i>See Readable at Lesson</i>	Lesson 18A	Grade 2–Word 135	99
102	new	<i>See Readable at Lesson</i>	Lesson 39A	Primer–Word 35	93
103	sound	Card 26-2	Lesson 26A	-	372

Fry No.	Fry Word ¹	SPIRE UP Heart Card Number	SPIRE UP Readable at Lesson	Dolch Level ³	CPB Rank ²
104	take	<i>See Readable at Lesson</i>	Lesson 20A	Grade 2–Word 160	118
105	only	Card 29-3	Lesson 29B	Grade 3–Word 194	157
106	little	Card 21-2	Lesson 21B	Pre-Primer–Word 27	51
107	work	<i>See Readable at Lesson</i>	Lesson 25A	Grade 2–Word 165	207
108	know	Card 27-1	Lesson 27B	Grade 2–Word 158	72
109	place	Card 23-3	Lesson 23B	-	224
110	years	<i>See Readable at Lesson</i>	Lesson 28A	-	380
111	live	Card 6-2	Lesson 6B	Grade 2–Word 159	388
112	me	<i>See Readable at Lesson</i>	Lesson 18A	Pre-Primer–Word 10	34
113	back	<i>See Readable at Lesson</i>	Lesson 10A	-	79
114	give	Card 29-1	Lesson 29B	Grade 1–Word 67	165
115	most	<i>See Readable at Lesson</i>	Lesson 23A	-	234
116	very	Card 21-3	Lesson 21B	Grade 2–Word 143	85
117	after	<i>See Readable at Lesson</i>	Lesson 26A	Grade 1–Word 58	122
118	things	<i>See Readable at Lesson</i>	Lesson 19A	Nouns–Word 88	116
119	our	Card 25-2	Lesson 25B	Primer–Word 36	95
120	just	<i>See Readable at Lesson</i>	Lesson 14A	Grade 3–Word 172	48
121	name	<i>See Readable at Lesson</i>	Lesson 20A	Nouns–Word 56	255
122	good	Card 28-1	Lesson 28B	Primer–Word 31	67
123	sentence	<i>See Readable at Lesson</i>	Lesson 37A	-	-
124	man	<i>See Readable at Lesson</i>	Lesson 1A	Nouns–Word 55	280

Fry No.	Fry Word ¹	SPIRE UP Heart Card Number	SPIRE UP Readable at Lesson	Dolch Level ³	CPB Rank ²
125	think	Card 1	Lesson 19A	Grade 2–Word 151	111
126	say	<i>See Readable at Lesson</i>	Lesson 27A	Grade 2–Word 142	125
127	great	<i>See Readable at Lesson</i>	Lesson 33A	-	162
128	where	Card 8-3	Lesson 8B	Primer–Word 23	110
129	help	<i>See Readable at Lesson</i>	Lesson 5A	Pre-Primer–Word 25	103
130	through	Card 32-2	Lesson 32B	-	113
131	much	<i>See Readable at Lesson</i>	Lesson 8A	Grade 3–Word 192	140
132	before	Card 22-1	Lesson 22B	Grade 2–Word 111	130
133	line	<i>See Readable at Lesson</i>	Lesson 20A	-	716
134	right	<i>See Readable at Lesson</i>	Lesson 36A	Grade 2–Word 147	87
135	too	Card 36-2	Lesson 36B	Primer–Word 48	60
136	means	<i>See Readable at Lesson</i>	Lesson 28A	-	613
137	old	<i>See Readable at Lesson</i>	Lesson 23A	Grade 1–Word 69	145
138	any	Card 19-1	Lesson 19B	Grade 1–Word 57	237
139	same	<i>See Readable at Lesson</i>	Lesson 20A	-	345
140	tell	<i>See Readable at Lesson</i>	Lesson 6A	Grade 2–Word 161	195
141	boy	<i>See Readable at Lesson</i>	Lesson 44A	Nouns–Word 9	239
142	follow	<i>See Readable at Lesson</i>	Lesson 29A	-	620
143	came	<i>See Readable at Lesson</i>	Lesson 20A	Primer–Word 40	136
144	want	Card 9-3	Lesson 9B	Primer–Word 32	97
145	show	Card 25-3	Lesson 25B	Grade 3–Word 190	313

Fry No.	Fry Word ¹	SPIRE UP Heart Card Number	SPIRE UP Readable at Lesson	Dolch Level ³	CPB Rank ²
146	also	<i>See Readable at Lesson</i>	Lesson 30A	-	268
147	around	Card 31-1	Lesson 31B	Grade 1–Word 98	100
148	form	<i>See Readable at Lesson</i>	Lesson 25A	-	-
149	three	<i>See Readable at Lesson</i>	Lesson 28A	Grade 1–Word 104	143
150	small	<i>See Readable at Lesson</i>	Lesson 30A	Grade 1–Word 105	199
151	set	<i>See Readable at Lesson</i>	Lesson 5A	-	319
152	put	Card 14-3	Lesson 14B	Grade 1–Word 101	158
153	end	<i>See Readable at Lesson</i>	Lesson 5A	-	278
154	does	Card 22-2	Lesson 22B	Grade 2–Word 119	191
155	another	<i>See Readable at Lesson</i>	Lesson 23B	-	226
156	well	<i>See Readable at Lesson</i>	Lesson 6A	Primer–Word 33	123
157	large	Card 33-1	Lesson 33B	-	713
158	must	<i>See Readable at Lesson</i>	Lesson 4A	Grade 2–Word 128	218
159	big	<i>See Readable at Lesson</i>	Lesson 3A	Pre-Primer–Word 30	64
160	even	<i>See Readable at Lesson</i>	Lesson 18A	-	101
161	such	<i>See Readable at Lesson</i>	Lesson 8A	-	328
162	because	Card 24-1	Lesson 24B	Grade 3–Word 175	128
163	turn	<i>See Readable at Lesson</i>	Lesson 26A	-	266
164	here	<i>See Readable at Lesson</i>	Lesson 21A	Pre-Primer–Word 16	88
165	why	Card 10-3	Lesson 10B	Grade 3–Word 195	127
166	asked	<i>See Readable at Lesson</i>	Lesson 32A	Grade 2–Word 109	169

Fry No.	Fry Word ¹	SPIRE UP Heart Card Number	SPIRE UP Readable at Lesson	Dolch Level ³	CPB Rank ²
167	went	<i>See Readable at Lesson</i>	Lesson 5A	Primer–Word 39	114
168	men	<i>See Readable at Lesson</i>	Lesson 5A	Nouns–Word 54	970
169	read	<i>See Readable at Lesson</i>	Lesson 28A	Grade 2–Word 155	298
170	need	<i>See Readable at Lesson</i>	Lesson 28A	-	156
171	land	<i>See Readable at Lesson</i>	Lesson 2A	-	653
172	different	Card 43-1	Lesson 43B	-	324
173	home	<i>See Readable at Lesson</i>	Lesson 21A	Nouns–Word 47	105
174	us	<i>See Readable at Lesson</i>	Lesson 4A	Grade 2–Word 145	109
175	move	Card 7-2	Lesson 7B	-	619
176	try	<i>See Readable at Lesson</i>	Lesson 43A	Grade 3–Word 213	232
177	kind	<i>See Readable at Lesson</i>	Lesson 22A	-	295
178	hand	<i>See Readable at Lesson</i>	Lesson 2A	Nouns–Word 44	334
179	picture	Card 27-3	Lesson 27B	Nouns–Word 63	707
180	again	Card 17-1	Lesson 17B	Grade 1–Word 97	132
181	change	Card 31-2	Lesson 31B	-	632
182	off	<i>See Readable at Lesson</i>	Lesson 6A	Grade 3–Word 174	107
183	play	<i>See Readable at Lesson</i>	Lesson 27A	Pre-Primer–Word 25	117
184	spell	<i>See Readable at Lesson</i>	Lesson 14A	-	-
185	air	<i>See Readable at Lesson</i>	Lesson 27A	-	306
186	away	<i>See Readable at Lesson</i>	Lesson 27A	Pre-Primer–Word 10	102
187	animals	<i>See Readable at Lesson</i>	Lesson 50A	-	392

Fry No.	Fry Word ¹	SPIRE UP Heart Card Number	SPIRE UP Readable at Lesson	Dolch Level ³	CPB Rank ²
188	house	<i>See Readable at Lesson</i>	Lesson 46A	Nouns-Word 51	150
189	point	Card 39-2	Lesson 39B	-	-
190	page	<i>See Readable at Lesson</i>	Lesson 37A	-	852
191	letters	<i>See Readable at Lesson</i>	Lesson 26A	-	-
192	mother	<i>See Readable at Lesson</i>	Lesson 26A	Nouns-Word 55	264
193	answer	Card 34-1	Lesson 34B	-	684
194	found	Card 37-1	Lesson 37B	Grade 3-Word 180	167
195	study	<i>See Readable at Lesson</i>	Lesson 43A	-	-
196	still	<i>See Readable at Lesson</i>	Lesson 14A	-	141
197	learn	Card 27-2	Lesson 27B	-	488
198	should	Card 15-2	Lesson 15B	Grade 3-Word 204	210
199	America	<i>See Readable at Lesson</i>	Lesson 50A	-	-
200	world	<i>See Readable at Lesson</i>	Lesson 25A	-	204
201	high	<i>See Readable at Lesson</i>	Lesson 36A	-	231
202	every	Card 47-1	Lesson 47B	Grade 2-Word 117	146
203	near	<i>See Readable at Lesson</i>	Lesson 28A	-	583
204	add	<i>See Readable at Lesson</i>	Lesson 2A	-	-
205	food	Card 36-1	Lesson 36B	-	312
206	between	<i>See Readable at Lesson</i>	Lesson 28A	-	910
207	own	<i>See Readable at Lesson</i>	Lesson 29A	Grade 3-Word 185	253
208	below	<i>See Readable at Lesson</i>	Lesson 29A	-	733

Fry No.	Fry Word ¹	SPIRE UP Heart Card Number	SPIRE UP Readable at Lesson	Dolch Level ³	CPB Rank ²
209	country	<i>See Readable at Lesson</i>	Lesson 46A	-	-
210	plants	<i>See Readable at Lesson</i>	Lesson 15A	-	-
211	last	<i>See Readable at Lesson</i>	Lesson 14A	-	180
212	school	Card 46-2	Lesson 46B	Nouns-Word 70	173
213	father	<i>See Readable at Lesson</i>	Lesson 26A	Nouns-Word 27	444
214	keep	<i>See Readable at Lesson</i>	Lesson 28A	Grade 3-Word 173	233
215	trees	<i>See Readable at Lesson</i>	Lesson 28A	Nouns-Word 89	331
216	never	<i>See Readable at Lesson</i>	Lesson 26A	Grade 3-Word 197	119
217	started	<i>See Readable at Lesson</i>	Lesson 32A	Grade 3-Word 211	192
218	city	<i>See Readable at Lesson</i>	Lesson 43A	-	671
219	earth	Card 42-1	Lesson 42B	-	563
220	eyes	Card 41-1 (singular)	Lesson 41B	Nouns-Word 26	154
221	light	<i>See Readable at Lesson</i>	Lesson 36A	Grade 3-Word 216	275
222	thought	<i>See Readable at Lesson</i>	Lesson 41A	-	142
223	head	<i>See Readable at Lesson</i>	Lesson 48A	Nouns-Word 45	155
224	under	<i>See Readable at Lesson</i>	Lesson 26A	Primer-Word 38	273
225	stories	<i>See Readable at Lesson</i>	Lesson 58A	-	831
226	saw	<i>See Readable at Lesson</i>	Lesson 41A	Primer-Word 37	159
227	left	<i>See Readable at Lesson</i>	Lesson 2A	-	214
228	don't	<i>See Readable at Lesson</i>	Lesson 5A	Grade 2-Word 110	68
229	few	<i>See Readable at Lesson</i>	Lesson 39A	-	403

Fry No.	Fry Word ¹	SPIRE UP Heart Card Number	SPIRE UP Readable at Lesson	Dolch Level ³	CPB Rank ²
230	while	<i>See Readable at Lesson</i>	Lesson 20A	-	171
231	along	<i>See Readable at Lesson</i>	Lesson 19A	-	282
232	might	<i>See Readable at Lesson</i>	Lesson 36A	-	260
233	close	<i>See Readable at Lesson</i>	Lesson 21A	-	420
234	something	<i>See Readable at Lesson</i>	Lesson 19A	-	126
235	seem	<i>See Readable at Lesson</i>	Lesson 28A	-	-
236	next	<i>See Readable at Lesson</i>	Lesson 5A	-	124
237	hard	<i>See Readable at Lesson</i>	Lesson 24A	-	208
238	open	<i>See Readable at Lesson</i>	Lesson 18A	Grade 2–Word 139	335
239	example	<i>See Readable at Lesson</i>	Lesson 50A	-	-
240	beginning	<i>See Readable at Lesson</i>	Lesson 56A	-	-
241	life	<i>See Readable at Lesson</i>	Lesson 20A	-	290
242	always	<i>See Readable at Lesson</i>	Lesson 30A	Grade 2–Word 113	134
243	those	<i>See Readable at Lesson</i>	Lesson 21A	Grade 3–Word 188	235
244	both	Card 26-1	Lesson 26B	Grade 3–Word 179	385
245	paper	<i>See Readable at Lesson</i>	Lesson 26A	Nouns–Word 61	523
246	together	Card 41-2	Lesson 41B	Grade 3–Word 212	160
247	got	<i>See Readable at Lesson</i>	Lesson 3A	Grade 3–Word 184	108
248	group	Card 39-1	Lesson 39B	-	-
249	often	Card 28-3	Lesson 28B	-	851
250	run	<i>See Readable at Lesson</i>	Lesson 4B	Pre-Primer–Word 15	265

Fry No.	Fry Word ¹	SPIRE UP Heart Card Number	SPIRE UP Readable at Lesson	Dolch Level ³	CPB Rank ²
251	important	<i>See Readable at Lesson</i>	Lesson 50A	-	508
252	until	<i>See Readable at Lesson</i>	Lesson 11A	-	211
253	children	<i>See Readable at Lesson</i>	Lesson 16A	Nouns-Word 15	293
254	side	<i>See Readable at Lesson</i>	Lesson 20A	-	370
255	feet	<i>See Readable at Lesson</i>	Lesson 28A	-	261
256	car	<i>See Readable at Lesson</i>	Lesson 24A	Nouns-Word 13	545
257	miles	<i>See Readable at Lesson</i>	Lesson 20A	-	-
258	night	<i>See Readable at Lesson</i>	Lesson 36A	Nouns-Word 58	91
259	walk	<i>See Readable at Lesson</i>	Lesson 30A	Grade 3-Word 215	357
260	white	<i>See Readable at Lesson</i>	Lesson 20A	Primer-Word 43	246
261	sea	<i>See Readable at Lesson</i>	Lesson 28A	-	570
262	began	<i>See Readable at Lesson</i>	Lesson 18A	-	281
263	grow	<i>See Readable at Lesson</i>	Lesson 29A	Grade 3-Word 200	373
264	took	<i>See Readable at Lesson</i>	Lesson 42A	-	183
265	river	<i>See Readable at Lesson</i>	Lesson 18A	-	807
266	four	<i>See Readable at Lesson</i>	Lesson 18A	Primer-Word 36	252
267	carry	Card 29-2	Lesson 46A	Grade 3-Word 169	924
268	state	<i>See Readable at Lesson</i>	Lesson 20A	-	-
269	once	Card 34-2	Lesson 34B	Grade 2-Word 107	222
270	book	<i>See Readable at Lesson</i>	Lesson 42A	Nouns-Word 8	242
271	hear	<i>See Readable at Lesson</i>	Lesson 28A	-	227

Fry No.	Fry Word ¹	SPIRE UP Heart Card Number	SPIRE UP Readable at Lesson	Dolch Level ³	CPB Rank ²
272	stop	<i>See Readable at Lesson</i>	Lesson 14A	Grade 1–Word 71	217
273	without	<i>See Readable at Lesson</i>	Lesson 9A	-	339
274	second	<i>See Readable at Lesson</i>	Lesson 12A	-	599
275	late	<i>See Readable at Lesson</i>	Lesson 20A	-	537
276	miss	<i>See Readable at Lesson</i>	Lesson 6A	-	325
277	idea	Card 42-2	Lesson 42B	-	305
278	enough	<i>See Readable at Lesson</i>	Lesson 46A	-	304
279	eat	<i>See Readable at Lesson</i>	Lesson 28A	Primer–Word 14	168
280	face	<i>See Readable at Lesson</i>	Lesson 37A	-	240
281	watch	<i>See Readable at Lesson</i>	Lesson 38A	-	417
282	far	<i>See Readable at Lesson</i>	Lesson 24A	Grade 3–Word 183	323
283	Indian	<i>See Readable at Lesson</i>	Lesson 50A	-	-
284	real	<i>See Readable at Lesson</i>	Lesson 28A	-	527
285	almost	<i>See Readable at Lesson</i>	Lesson 30A	-	421
286	let	<i>See Readable at Lesson</i>	Lesson 5A	Grade 1–Word 65	193
287	above	Card 53-1	Lesson 53	-	634
288	girl	<i>See Readable at Lesson</i>	Lesson 26A	Nouns–Word 38	350
289	sometimes	<i>See Readable at Lesson</i>	Lesson 20A	-	251
290	mountains	Card 52-2 (singular)	Lesson 52B	-	-
291	cut	<i>See Readable at Lesson</i>	Lesson 4A	Grade 3–Word 170	919
292	young	<i>See Readable at Lesson</i>	Lesson 46A	-	609

Fry No.	Fry Word ¹	SPIRE UP Heart Card Number	SPIRE UP Readable at Lesson	Dolch Level ³	CPB Rank ²
293	talk	<i>See Readable at Lesson</i>	Lesson 30A	-	494
294	soon	<i>See Readable at Lesson</i>	Lesson 42A	Primer-Word 30	174
295	list	<i>See Readable at Lesson</i>	Lesson 14A	-	-
296	song	<i>See Readable at Lesson</i>	Lesson 19A	Nouns-Word 80	621
297	being	<i>See Readable at Lesson</i>	Lesson 31A	-	245
298	leave	<i>See Readable at Lesson</i>	Lesson 28A	-	366
299	family	Card 48-1	Lesson 48B	-	216
300	it's	<i>See Readable at Lesson</i>	Lesson 35A	Grade 2-Word 116	-

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